



TREADMILLS  
FOR THE HOME



go with  
**confidence**

WINNER OF  
MORE THAN

**30**  
**BEST**  
**BUYS**  
★ ★ ★

## ABOUT VISION

It all starts with a vision.<sup>™</sup> A vision of how you want to look, live or feel. Helping make your vision a reality is where we come in. Our complete line of fitness equipment is designed to be intuitive and durable, so you can focus on reaching your fitness goals, right now and in the future.

You can be assured that Vision Fitness<sup>®</sup> products are engineered to last, making them a great value. Our company began as a division of Trek<sup>®</sup> bicycle company over 15 years ago, and today we're part of one of the largest fitness companies in the world – Johnson Health Tech, Ltd. Not only do we pride ourselves on offering consumers the best product for the price, but we also have a plethora of "best buy" awards to prove it.

We don't stop at building the best product for the price. We're also there for you after the sale, when it matters most. You can trust that our customer service team knows our products forwards and backwards, inside and out. Consider them workout partners as you strive to reach your goals.

## INNOVATION IS BUILT IN

Innovation leaps from the drawing board into our user-friendly designs. Designs that make working out feel natural and, well, a little less like work. But it's not as simple as it sounds. It takes a level of passion unrivaled in the industry and an unwavering commitment to utilizing the highest-quality components.

So when standard bushings don't meet our requirements, we upgrade to longer-lasting ball bearings. Where others see a mere display, we envision a motivational tool. A dashboard for reaching your goals. And a navigator on your path to a healthier you. It's all part of the Vision Fitness difference.





ELEGANT CONSOLE



CLASSIC CONSOLE

THIS INNOVATIVE CONSOLE TECHNOLOGY SHOULD COME AS NO SURPRISE.

AFTER ALL, VISION IS OUR FIRST NAME.

These consoles each feature a clean design and intuitive interface, making it easier for you to adjust settings and fine-tune your workout. Plus, they're all compatible with our amazing Passport Media Player, which connects to a television and allows you to work out in stunning places like the Italian Alps.

#### TOUCH CONSOLE

This console combines some of the hottest features in electronics, namely a high-definition display and 15.6" touchscreen interface. Plus, it has Made for iPod®/iPhone® certification, which means you can control those Apple® devices with the touchscreen. We've also added a new workout calendar that can track multiple users' progress automatically, which enables each user to store and access past settings and data.

#### ELEGANT CONSOLE

With its sleek design and crystal-clear LCD screen, this console lives up to its name. It includes the acclaimed Sprint 8® workout, a medically proven regimen that requires just three 20-minute workouts per week. Keypad-style speed and incline controls make on-the-fly workout changes quick and easy.

#### CLASSIC CONSOLE

This console was designed for the ultimate ease of use, so you can get started on your workouts right away. Simply press Start and you're off. The extra-large display makes it easy to view distance, time, speed, calories and other important measures.

CHOOSE THE PERFECT FIT  
FOR STAYING FIT.



FOLDING FRAME



NON-FOLDING FRAME



TOUCH DISPLAY



ELEGANT DISPLAY



CLASSIC DISPLAY

## GET WHAT YOU WANT.

Since no one knows your needs better than you, we offer the freedom to choose the console and frame that are best for you. For just about every treadmill we make, you can select which of our three intuitive consoles you want to see on your chosen frame. With the perfect frame and console for your needs, you'll feel more comfortable exercising, so you're more likely to stick to your routine and keep making progress toward your goals.



## VIRTUAL ACTIVE™

### THE NEXT BEST THING TO BEING THERE.

Imagine jogging through the northern foothills of the Rocky Mountains. You hear pebbles crunch softly underfoot and a red-tailed hawk off in the distance. As the road gradually rises, so does your treadmill. You start to sprint, and the scenery flies by at the same pace. It's not magic. It's Virtual Active™, an exciting technology that will revolutionize fitness and take your workouts all over the globe. Plus, if you choose the Elegant or Touch console, two Virtual Active workouts\* can be viewed right on the display. You'll find that working out feels less like exercise and more like sightseeing.

\* The two Virtual Active locations will vary.



## PASSPORT™ MEDIA PLAYER

### TAKE A VACATION FROM YOUR EVERYDAY WORKOUT.

Bring the immersive interactivity and breathtaking footage of Virtual Active to your television set with the Passport system, which is compatible with our Classic, Elegant and Touch consoles. Simply connect the Passport player to your television and insert the included Passport USB drive. After you follow the menu prompts, you can head to two scenic locations, the American Southwest or Northern Italy. For information on how to purchase additional destinations, visit [passportplayer.com](http://passportplayer.com).





## TREADMILLS: FOLDING AND NON-FOLDING

### ENGINEERED TO LAST.

Built on heavy-duty frames, all of our treadmills are designed to be durable and worry-free. We pre-wax our dual-ply belts rather than using the cheaper silicon alternative that has to be reapplied over time. This saves time, money and hassles over the life of the treadmill.

For smooth, consistent motion, our treadmills use digital drive systems and 2.4-inch crowned rollers to keep the belts aligned.



**EASY TO FOLD** | For quick and easy setup, our exclusive "drop assist" deck helps support the weight as the treadmill is lowered.

T F 4 0

MAINTENANCE-FREE WAXED BELTS PUT US MILES AHEAD OF THE COMPETITION.



## TF 40

This model offers more heft and power, plus it folds for storage.

- 3.0 CHP digital drive system
- 152 x 51 cm / 60" x 20" workout area
- 2-ply waxed belt needs no maintenance
- Folding heavier-gauge steel frame



## T 40

It does everything the TF40 does, except fold.

- 3.0 CHP digital drive system
- 152 x 51 cm / 60" x 20" workout area
- 2-ply waxed belt needs no maintenance
- Non-folding heavier-gauge steel frame



## TF 20

The TF20 is reliable and durable like its larger sibling.

- 2.75 CHP digital drive system
- 145 x 51 cm / 57" x 20" workout area
- 2-ply waxed belt needs no maintenance
- Folding heavy-gauge steel frame



## T 10

It offers the smallest footprint and a bright blue LED display.

- 2.5 CHP digital drive system
- 137 x 51 cm / 54" x 20" workout area
- 2-ply waxed belt needs no maintenance
- Non-folding heavy-gauge steel frame



FINISH YOUR WORKOUT IN LESS TIME  
THAN IT TAKES TO GET TO THE GYM.

**THE PERFECT FITNESS SOLUTION.**

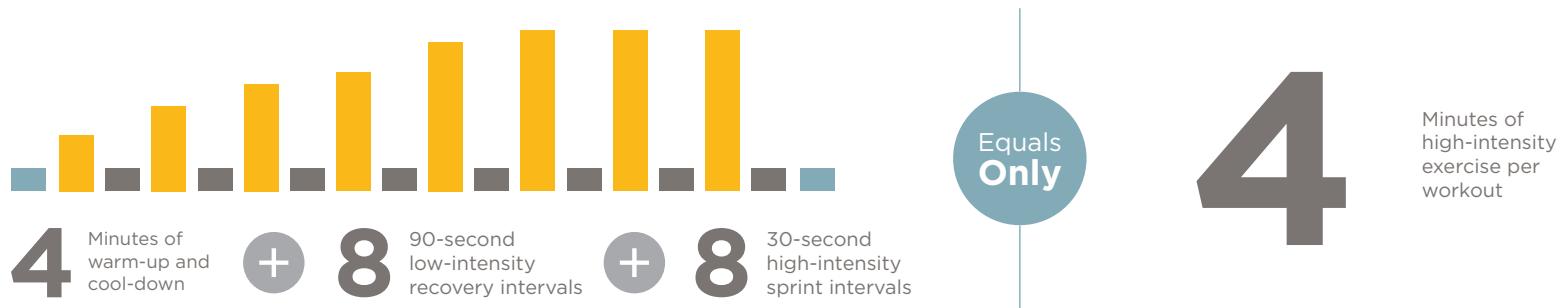
If your life is hectic, you might not have a ton of time to devote to exercising. That's why we're such big fans of the Sprint 8® workout. Medically proven to achieve results through just three 20-minute workouts a week, the Sprint 8 regimen is exclusively available on Vision cardio equipment. Whether you need to cut fat, tone muscles or boost energy, the Sprint 8 workout is right for you. And to make things even more convenient, this efficient workout is preprogrammed on the Elegant and Touch consoles. All you have to do is push a button to start what could very well be a life-changing workout routine.

**SPRINT**  8

The logo consists of the word "SPRINT" in a bold, sans-serif font, followed by the number "8". The "8" is enclosed in a stylized orange square frame that has rounded corners and a slight shadow, giving it a three-dimensional appearance.

THE SCIENCE IS COMPLEX, BUT THE MATH IS SIMPLE.

THE 20-MINUTE SPRINT 8 WORKOUT CONTAINS:



## TREADMILLS : FRAMES

FEATURE	TF40 FOLDING	T40 NON-FOLDING	TF20 FOLDING	T10 NON-FOLDING
<b>FRAME TYPE</b>	Folding frame	Non-folding platform	Folding frame	Non-folding platform
<b>RUNNING AREA</b>	51 x 152 cm / 20" x 60"	51 x 152 cm / 20" x 60"	51 x 145 cm / 20" x 57"	51 cm x 137 cm / 20" x 54"
<b>CUSHIONING</b>	Ultra Zone™ Cushioning System	Ultra Zone™ Cushioning System	Ultra Zone™ Cushioning System	8 variable-durometer elastomer cushions
<b>BELT TYPE</b>	2-ply maintenance-free waxed belt	2-ply maintenance-free waxed belt	2-ply maintenance-free waxed belt	2-ply maintenance-free waxed belt
<b>DECK THICKNESS</b>	25.4 mm / 1"			
<b>DRIVE MOTOR</b>	3.0 CHP digital drive motor	3.0 CHP digital drive motor	2.75 CHP digital drive motor	2.5 CHP digital drive motor
<b>SPEED RANGE</b>	0.8 - 20 km/h / 0.5 - 12 mph	0.8 - 20 km/h / 0.5 - 12 mph	0.8 - 20 km/h / 0.5 - 12 mph	0.8 - 16 km/h / 0.5 - 10 mph
<b>INCLINE RANGE</b>	0 % - 15 %	0 % - 15 %	0 % - 15 %	0 % - 12 %
<b>DIMENSIONS (L X W X H)</b>	211 x 110 x 160 cm / 83" x 43" x 63"	197 x 110 x 159 cm / 78" x 43" x 63"	201 x 110 x 160 cm / 79" x 43" x 63"	185 x 74 x 145 cm / 73" x 29" x 57"
<b>FOLDED DIMENSIONS (L X W X H)</b>	105 x 110 x 192 cm / 41" x 43" x 76"	N/A	102 x 110 x 183 cm / 40" x 43" x 72"	N/A
<b>PRODUCT WEIGHT</b>	126 kg / 277 lbs.	125.4 kg / 276 lbs.	122 kg / 268 lbs.	102 kg / 225 lbs.
<b>USER WEIGHT CAPACITY</b>	182 kg / 400 lbs.	182 kg / 400 lbs.	170 kg / 375 lbs.	147 kg / 325 lbs.
<b>WARRANTY</b>	Lifetime frame, motor and cushioning, 7-year parts and 2-year labor	Lifetime frame, motor and cushioning, 7-year parts and 2-year labor	Lifetime frame, motor and cushioning, 5-year parts and 2-year labor	Lifetime frame and motor, 5-year parts & cushioning and 2-year labor
<b>EXTRAS</b>	Water bottle holder, integrated speed/incline toggles	Water bottle holder, integrated speed/incline toggles	Water bottle holder	Water bottle holder

## SPECIFICATIONS

## TREADMILLS : CONSOLES

FEATURE	TOUCH	ELEGANT	CLASSIC	T10
DISPLAY	15.6" high-definition touchscreen display	10" full-color advanced LCD	Extra-large LED display	Extra-large LED display
WORKOUT FEEDBACK	Total Time, Time Remaining, Time Elapsed, Clock, Heart Rate, Max HR, % Max HR, Target Heart Rate, Distance, Calories, Calories per Hour, Watts, METs, Pace, Avg. Pace, Level, Incline, Speed	Time, Heart Rate, Max HR, KM, Miles, Calories, Calories per Hour, Watts, METs, Incline, Speed	Time, Heart Rate, Distance, Calories, Pace, Incline, Speed	Time, Heart Rate, Distance, Calories, Pace, Elevation, Speed
PROGRAMS	Manual, Intervals, Weight Loss, Fitness Test, 5K, 10K, Calorie Goal, Distance Goal, Sprint 8®, Target HR (speed-based), % Target HR (speed-based), Target HR (incline-based), % Target HR (incline-based), Custom 1, Custom 2, Custom 3, Saved Program, 2 Virtual Active™ Videos - 19 total	Manual, Intervals, Weight Loss, Fitness Test, 5K, 10K, Calorie Goal, Distance Goal, Sprint 8®, Target HR (speed-based), % Target HR (speed-based), Target HR (incline-based) & % Target HR (incline-based), 2 Virtual Active™ Videos - 15 total	Manual, Intervals, Weight Loss, Fitness Test, Target HR (speed-based) - 5 total	No programs
HEART RATE	Contact grips, Polar® wireless receiver and free chest strap	Contact grips, Polar® wireless receiver and free chest strap	Contact grips and Polar® wireless receiver	Contact grips
EXTRAS	Workout tracking, Made for iPod®/iPhone® (audio/video), Nike + iPod® compatible, built-in speakers, Passport™ Ready, charges USB devices*, Energy Saver™ mode	Built-in speakers, Passport™ Ready, charges USB devices*, Energy Saver™ mode	Passport™ Ready, charges USB devices*, Energy Saver™ mode	N/A

\* Will not charge USB devices that require more than 1 amp



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